

SCY - 2022-23 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCY

FEMALE				8 & U	MALE					
B	A					A	B			
0:23.67	0:19.67			25 Free		0:20.09	0:24.18			
0:47.34	0:39.33			50 Free		0:40.19	0:48.37			
0:28.45	0:23.66			25 Back		0:24.74	0:29.74			
0:56.89	0:47.32			50 Back		0:49.48	0:59.50			
0:31.74	0:26.37			25 Breast		0:28.06	0:33.78			
1:03.47	0:52.74			50 Breast		0:56.13	1:07.53			
0:27.75	0:23.07			25 Fly		0:24.39	0:29.33			
0:55.50	0:46.14			50 Fly		0:48.77	0:58.66			
B	A	AA	AAA	AG-Z	10 & U	AG-Z	AAA	AA	A	B
0:42.67	0:39.33	0:36.00	0:32.66		50 Free		0:33.37	0:36.78	0:40.19	0:43.60
1:37.30	1:29.70	1:22.11	1:14.51		100 Free		1:16.85	1:24.68	1:32.51	1:40.33
3:34.64	3:17.91	3:01.17	2:44.44		200 Free		2:49.96	3:07.25	3:24.53	3:41.82
7:59.86	7:22.11	6:44.35	6:06.59		500 Free		6:19.01	6:58.00	7:37.01	8:16.00
0:51.32	0:47.32	0:43.33	0:39.34		50 Back		0:41.14	0:45.31	0:49.48	0:53.65
1:53.69	1:44.85	1:36.03	1:27.20		100 Back		1:31.68	1:40.95	1:50.23	1:59.50
0:57.21	0:52.74	0:48.27	0:43.80		50 Breast		0:46.62	0:51.37	0:56.13	1:00.88
2:05.83	1:56.01	1:46.20	1:36.38		100 Breast		1:41.74	1:52.09	2:02.45	2:12.80
0:50.03	0:46.14	0:42.24	0:38.34		50 Fly		0:40.54	0:44.66	0:48.77	0:52.89
2:06.37	1:56.55	1:46.74	1:36.92		100 Fly		1:54.48	2:06.05	2:17.63	2:29.20
1:55.80	1:46.78	1:37.77	1:28.75		100 IM		1:36.18	1:45.94	1:55.70	2:05.46
4:04.53	3:45.51	3:26.46	3:07.43		200 IM		3:16.29	3:36.21	3:56.12	4:16.05
7:43.98	7:07.85	6:31.71	5:55.58		400 IM		6:01.22	6:37.92	7:14.61	7:51.32
B	A	AA	AAA	AG-Z	11/12	AG-Z	AAA	AA	A	B
0:37.05	0:34.13	0:31.23	0:28.32		50 Free		0:28.79	0:31.74	0:34.70	0:37.65
1:22.02	1:15.60	1:09.18	1:02.76		100 Free		1:03.75	1:10.27	1:16.79	1:23.30
2:59.54	2:45.51	2:31.47	2:17.44		200 Free		2:21.08	2:35.48	2:49.87	3:04.27
7:59.86	7:22.11	6:44.35	6:06.59		500 Free		6:19.01	6:58.00	7:37.01	8:16.00
0:44.50	0:41.04	0:37.57	0:34.11		50 Back		0:35.20	0:38.77	0:42.35	0:45.92
1:36.52	1:29.02	1:21.51	1:14.00		100 Back		1:16.40	1:24.14	1:31.89	1:39.64
3:39.88	3:22.80	3:05.72	2:48.64		200 Back		2:53.48	3:11.04	3:28.61	3:46.17
0:49.83	0:45.93	0:42.03	0:38.13		50 Breast		0:38.77	0:42.73	0:46.70	0:50.67
1:48.90	1:40.38	1:31.87	1:23.35		100 Breast		1:24.88	1:33.55	1:42.22	1:50.89
4:12.73	3:53.01	3:33.29	3:13.58		200 Breast		3:07.46	3:26.57	3:45.67	4:04.78
0:40.66	0:37.49	0:34.31	0:31.14		50 Fly		0:32.73	0:36.07	0:39.40	0:42.74
1:36.74	1:29.20	1:21.66	1:14.13		100 Fly		1:17.26	1:25.11	1:32.97	1:40.82
3:51.60	3:33.59	3:15.58	2:57.57		200 Fly		2:57.03	3:14.98	3:32.94	3:50.89
1:36.05	1:28.55	1:21.05	1:13.56		100 IM		1:15.57	1:23.27	1:30.97	1:38.66
3:26.48	3:10.37	2:54.27	2:38.16		200 IM		2:42.66	2:59.21	3:15.77	3:32.32
7:43.98	7:07.85	6:31.71	5:55.58		400 IM		6:01.22	6:37.92	7:14.61	7:51.32
B	A	AA	AAA	AG-Z	13/14	AG-Z	AAA	AA	A	B
0:34.78	0:32.04	0:29.31	0:26.58		50 Free		0:25.26	0:27.86	0:30.46	0:33.06
1:16.48	1:10.48	1:04.49	0:58.51		100 Free		0:55.79	1:01.52	1:07.24	1:12.96
2:48.45	2:35.27	2:22.09	2:08.91		200 Free		2:03.57	2:16.21	2:28.86	2:41.50
7:26.72	6:51.51	6:16.30	5:41.10		500 Free		5:27.42	6:01.26	6:35.09	7:08.93
15:39.61	14:25.65	13:11.68	11:57.71		1000 Free		11:40.11	12:52.32	14:04.53	15:16.73
26:13.74	24:10.49	22:07.23	20:03.97		1650 Free		19:24.20	21:23.49	23:22.77	25:22.05
1:31.34	1:24.23	1:17.12	1:10.01		100 Back		1:07.05	1:13.86	1:20.67	1:27.48
3:19.19	3:03.70	2:48.21	2:32.72		200 Back		2:25.94	2:40.75	2:55.56	3:10.37
1:44.70	1:36.51	1:28.32	1:20.13		100 Breast		1:13.55	1:21.08	1:28.62	1:36.15
3:44.80	3:27.23	3:09.66	2:52.09		200 Breast		2:41.93	2:58.48	3:15.03	3:31.60
1:28.14	1:21.26	1:14.38	1:07.51		100 Fly		1:04.24	1:10.79	1:17.34	1:23.89
3:49.57	3:31.72	3:13.86	2:56.01		200 Fly		2:41.26	2:57.64	3:14.02	3:30.41
3:14.46	2:59.28	2:44.10	2:28.92		200 IM		2:20.33	2:34.65	2:48.98	3:03.30
7:06.99	6:33.70	6:00.42	5:27.13		400 IM		5:02.12	5:32.91	6:03.69	6:34.48
B	A	AA	AAA	SR-Z	15-18	SR-Z	AAA	AA	A	B
0:33.89	0:31.23	0:28.56	0:25.90		50 Free		0:23.15	0:25.54	0:27.93	0:30.32
1:14.73	1:08.87	1:03.01	0:57.15		100 Free		0:51.52	0:56.82	1:02.12	1:07.41
2:44.23	2:31.38	2:18.52	2:05.67		200 Free		1:55.05	2:06.85	2:18.64	2:30.44
7:19.09	6:44.46	6:09.84	5:35.22		500 Free		5:11.04	5:43.25	6:15.44	6:47.65
15:14.05	14:02.05	12:50.05	11:38.05		1000 Free		11:03.76	12:12.33	13:20.90	14:29.47
25:47.90	23:46.63	21:45.36	19:44.09		1650 Free		18:54.38	20:50.68	22:46.99	24:43.29
1:27.24	1:20.44	1:13.65	1:06.86		100 Back		1:01.15	1:07.38	1:13.60	1:19.82
3:10.93	2:56.08	2:41.22	2:26.37		200 Back		2:16.26	2:30.10	2:43.95	2:57.79
1:38.71	1:30.98	1:23.25	1:15.51		100 Breast		1:08.65	1:15.69	1:22.74	1:29.78
3:35.91	3:19.02	3:02.14	2:45.25		200 Breast		2:33.70	2:49.43	3:05.16	3:20.89
1:24.25	1:17.67	1:11.09	1:04.51		100 Fly		0:56.85	1:02.66	1:08.47	1:14.28
3:27.98	3:11.79	2:55.60	2:39.41		200 Fly		2:17.41	2:31.41	2:45.40	2:59.41
3:06.60	2:52.03	2:37.45	2:22.87		200 IM		2:10.38	2:23.70	2:37.03	2:50.36
6:41.50	6:10.17	5:38.84	5:07.51		400 IM		4:43.51	5:12.44	5:41.37	6:10.30

Zone times to be added when released by Western Zone

ver. R2 released 2022-Sep-1