

HAWAII SWIMMING CLUB
56TH ANNUAL KEO NAKAMA INVITATIONAL SWIM MEET
JULY 2, 3 AND 4, 2004
SANCTIONED BY HAWAIIAN SWIMMING
SANCTION NUMBER #HI2004026

SPONSOR: Hawaii Swimming Club

SANCTION: Held under the sanction of USA Swimming
Hawaiian Sanction: **HI2004-026**

DATE/TIME: July 2-4, 2004

POOL SITE: University of Hawaii, Duke Kahanamoku Swimming Pool
1337 Lower Campus Road, Honolulu, Hawaii

COURSE: Long Course, 50 meters, 8 lanes

DATE/TIME: **Friday July 2, 2004**
Afternoon Session: Warm Up: 5:00pm
Meet starts 6:00 p.m.

Saturday July 3, 2004
Morning Session: Warm Up: 7:00 am
Opening Ceremonies: 8:30 am
Meet starts at the conclusion of the opening ceremony

Afternoon Session: Clubs will be notified of start time for afternoon session (60 minutes following the morning session).

Sunday July 4, 2004
Morning Session: Warm Up: 7:00 am
Meet starts 8:30 am

Afternoon Session: Clubs will be notified of start time for afternoon session (60 minutes following the morning session).

Projected start times will be communicated to all teams once entries are entered and timeline is developed.

WARM-UP: Warm-ups must be supervised by an USA swimming registered "Coach Member" following guidelines established by the LSC. Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The registration chairperson will enforce registration rules regarding coaches. Coaches will need to present their cards to pick up check in sheets; exceptions must see the meet referee. Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

DIVISION: Age Groups: 10 and under; 11-12, 13-14, 15-16, Open.

RULES: Current USA Swimming and Hawaiian Swimming rules will govern meet.

FORMAT: Cardless, timed finals, using automatic timing system (3 buttons/ touch pads) with one manual stop watch backup. The meet shall be conducted in **SPLIT SESSIONS**. The afternoon session shall start one hour after the completion of the morning session events. The four (4) hour rule will be in effect for swimmers in the 12 and under age group.

EVENTS: See attached.

ELIGIBILITY: All swimmers must be current USA Swimming registered and their registration numbers must be on the master entry form or disk file. No deck registration will be accepted. New registrations must be mailed directly to the LSC Registrar and postmarked no later than the meet date. **Master Recap sheets MUST be signed and included with the entries.**

Foreign athletes/clubs shall provide a copy of your own association leagues' international travel permit with entries.

ENTRIES: Swimmers may swim up to (5) individual events per day plus relays. Swimmers 12 and under may only swim in one session. Fines for swimming out of classification will be based on the LSC database results of the past 2-year schedule (for Hawaiian Swimming teams only). For swimmers entered in the Open division, their actual age on the first day of the meet must be included with their names on each entry for national top ten tabulation purposes. They also must meet the 17-18 HI-AA times.

SPLASH RULE: A swimmer must have at least one (1) Hi-AA time to splash a maximum of two (2) events for the meet. Splashes can be on any day. The splash events must be a HI-A time and that must be used as an entry time.

ENTRY FEES: \$1.85 per individual event and \$ 6.40 per relay event (both include \$0.25 Zone surcharge) Please make checks payable to: **HAWAII SWIMMING CLUB.** Entry fees must accompany entries. No refunds will be made.

DEADLINE: Entries must be RECEIVED NO LATER than **Tuesday, June 22, 2004.** NO late entries will be accepted at the meet. Recap form must be sent with entries. Download entry recaps form from the Web and attach to entries if sending by email.

Mail entries to: Keith Arakaki Or Email entries to: hsc@flex.com
Hawaii Swimming Club
87-246 La'i ku Street
Waianae, Hawaii 96792
Ph: 668-1561, Fax 668-4666,

CHECK-IN: For each day of events, check-in sheets will be given to coaches for verification. Coaches will need to present their credentials to pick up check-in sheets; exceptions must see the meet referee. Coaches will verify their swimmers and scratch swimmers and events as appropriate. Coaches must return the check-in sheets to the Clerk of Course NO LATER THAN FORTY-FIVE (45) MINUTES prior to the start of the meet. Check-in sheets for the afternoon session must be returned to the Clerk of Course by the end of the morning session.

AWARDS: Individual medals will be awarded for 1st - 8th place in each age group. Relay Medals will be awarded for 1st - 3rd place. Team trophies will be awarded for the 1st - 8th place teams. Outstanding swimmers: One male and one female from each age group. Scoring based on 9, 7, 6, 5, 4, 3, 2, 1, first through eight places respectively.

SCORING: **Points: Individual: 9, 7, 6, 5, 4, 3, 2, 1;**
 Relay: 18, 14, 12, 10, 8, 6, 4, 2

RESULTS: Hard copy of meet results will be provided upon request only.

OFFICIALS: Each team is required to provide one official for every five swimmers entered in the meet. For clubs entered with less than five swimmers, at least one official will be required. Timers do count as officials for this requirement.

MARSHALLS: Derrick Choi and Keith Arakaki

HOSPITALITY: Refreshments will be available for Officials and Coaches during the meet.

CONCESSION: Information regarding a concession stand will be posted on the Hawaii Swim web page.

MEET DIRECTOR: Keith Arakaki

ADDITIONAL NOTES AND/OR COMMENTS:

- A parking fee of \$3.00 is required upon entrance into the University of Hawaii parking structure. No in and out privileges.
- To accommodate teams traveling from the mainland, foreign countries and neighbor islands, tarps CAN be set up in the bleacher area. YOU MUST email the Meet Director if you will require a space. Chairs are not provided. The bleachers are concrete with sufficient space for a portable chair.