

56th Annual Keo Nakama Invitational Swim Meet
July 2, 3, and 4, 2004

Friday, July 2, 2004, Warmup: 5:00 PM - Meet Starts at 6:00 PM

1	3:47.4	10-U	200 IM	3:56.29	2
3	3:18.44	11-12	200 IM	3:16.58	4
5	3:00.01	13-14	200 IM	2:59.69	6
7	3:00.79	15-16	200 IM	2:51.92	8
9	3:03.02	Open	200 IM	2:51.92	10
11	41.86	10-U	50 Free	42.41	12
13	36.64	11-12	50 Free	36.31	14
15	33.99	13-14	50 Free	32.49	16
17	1:13.52	15-16	100 Free	1:09.31	18
19	1:14.31	Open	100 Free	1:09.31	20

**Saturday, July 3, Warmup: 7:30AM; Opening Ceremony 8:30 AM -
Meet Starts immediately after the conclusion of the opening ceremonies.**

21		11-12	200 Free Relay		22
23		Open	200 Free Relay		24
25	41.22	11-12	50 Fly	43.2	26
27	1:29.63	13-14	100 Fly	1:27.86	28
29	1:23.53	15-16	100 Fly	1:20.21	30
31	1:36.98	11-12	100 Back	1:36.64	32
33	1:24.65	Open	100 Fly	1:20.21	34
35	3:04.44	13-14	200 Back	2:52.22	36
37	48.72	11-12	50 Breast	49.16	38
39	2:59.99	15-16	200 Back	2:48.90	40
41	3:02.22	Open	200 Back	2:48.90	42
43	2:59.90	11-12	200 Free	3:05.01	44
45		Open	400 Free Relay		46

BREAK (One Hour)+++++

47		10-U	200 Free Relay		48
49		13-14	200 Free Relay		50
51		15-16	200 Free Relay		52
53	49.75	10-U	50 Fly	49.53	54
55	1:37.23	13-14	100 Breast	1:35.24	56
57	1:36.34	15-16	100 Breast	1:28.58	58
59	1:51.63	10-U	100 Back	1:52.19	60
61	1:37.46	Open	100 Breast	1:28.58	62
63	2:38.81	13-14	200 Free	2:35.10	64
65	55.39	10-U	50 Breast	54.82	66
67	2:38.26	15-16	200 Free	2:29.72	68
69	2:38.60	Open	200 Free	2:29.72	70
71	3:17.53	10-U	200 Free	3:30.09	72
73		13-14	400 Medley Relay		74
75		15-16	400 Medley Relay		76

Sunday, July 4, Warmup: 7:30 a.m. Meet starts at 8:30 a.m.

77		11-12	200 Medley Relay	78
79		Open	200 Medley Relay	80
81	1:34.53	11-12	100 Fly 1:41.18	82
83	3:05.05	13-14	200 Fly 3:03.73	84
85	3:08.16	15-16	200 Fly 2:49.30	86
87	43.10	11-12	50 Back 43.88	88
89	3:09.28	Open	200 Fly 2:49.30	90
91	1:30.99	13-14	100 Back 1:25.22	92
93	1:46.33	11-12	100 Breast 1:50.55	94
95	1:23.33	15-16	100 Back 1:21.12	96
97	1:24.45	Open	100 Back 1:21.12	98
99	1:18.73	11-12	100 Free 1:20.40	100
101		Open	400 Medley Relay	102

BREAK (One Hour)+++++

103		10-U	200 Medley Relay	104
105		13-14	200 Medley Relay	106
107		15-16	200 Medley Relay	108
109	1:54.83	10-U	100 Fly 1:54.73	110
111	3:28.24	13-14	200 Breast 3:19.36	112
113	3:26.01	15-16	200 Breast 3:13.81	114
115	51.20	10-U	50 Back 51.20	116
117	3:28.24	Open	200 Breast 3:13.81	118
119	1:14.31	13-14	100 Free 1:12.30	120
121	2:02.42	10-U	100 Breast 2:03.31	122
123	33.88	15-16	50 Free 31.44	124
125	33.88	Open	50 Free 30.43	126
127	1:39.05	10-U	100 Free 1:38.17	128
129		13-14	400 Free Relay	130
131		15-16	400 Free Relay	132